

Course Title: Anti-Bullying: Evidence-Based Practices for a Safe & Inclusive School Community	
Number of Content Modules: 4	Grade Levels: K-12
Questions: PD@TeachnKidsLearn.com	TKL Catalog: https://teachingknowledgeLoop.com/external-catalog
Course available completely online (24/7 and Self-Paced)	Assignments due by the end of the term

Course Description

Dive into the crucial topic of preventing bullying and creating a safe, inclusive environment for students with our comprehensive professional development course. Learn evidence-based strategies for prevention, intervention, restoration, and reintegration, ensuring all students can thrive academically, socially, and emotionally.

Discover the importance of fostering an inclusive school community to combat the lasting effects of bullying on students' academic, social, and emotional well-being.

Our comprehensive PD course offers evidence-based strategies for prevention, intervention, restoration, and reintegration, equipping educators with the knowledge and skills necessary to create a safe and supportive learning environment for all students.

Throughout the course, educators reflect on their teaching practices and develop rigorous, equitable, and inclusive instruction. The goal of the course is to empower educators to Critique current practices to identify and discontinue ineffective, non-restorative approaches to addressing bullying.

Course Objectives

CO.1 Implement practices that deconstruct systems of bias and inequity and foster a sense of safety, community, and belonging in the learning environment.

CO.2 Construct learning experiences that enable students to develop consciousness of sociopolitical and sociocultural inequalities.

CO.3 Distinguish the prevalence and types of bullying and effects on victims, bullies, bystanders, and the community (physical, verbal, relational, cyber, sexual, prejudicial/identity-based).

CO.4 Deconstruct effects of the intersectionality of multiple marginalized identities and identity-based

bullying.

CO.5 Analyze data, statistics, and case study examples of trends in anti-bullying practices and methodologies, including an analysis of findings regarding changes from pre- to post-pandemic as well as a focus on intersectionality as it relates to bullying issues specific to historically marginalized groups (including students of color, multilingual learners, students with disabilities, and minority student groups of diverse races, genders, sexualities, socio-economic statuses, etc.).

CO.6 Compare and contrast evidence-based practices to address different types of bullying (physical, verbal, relational, cyber, sexual, prejudicial/identity-based).

CO.7 Critique current practices to identify and discontinue ineffective, non-restorative approaches to addressing bullying.

CO.8 Critique socialized beliefs and assumptions about the causes of bullying, including environmental and contextual, stakeholder motivations, and stakeholder personality traits.

CO.9 Design a method for tracking bullying behaviors in order to make data-driven decisions that effectively address prevention, intervention, restoration, and reintegration.

Course Outline

Course Introduction Module

Course Introduction

Module Topics

In this module, you will learn about the course set-up, expectations for learning and collaborating, meet your colleagues, and reflect on your prior knowledge about culturally-responsive anti-bullying.

- Learn about It! Course Navigation and Approach [10min]
- Learn about It! Course Description [5min]
- Learn about It! A Transformative Approach to Education [5min]
- Learn about It! Expectations and Community Agreements for Engaging in Brave Dialogue [10min]
- Reflect on It! Community Building Circle: The Story of our Course [10min]
- Reflect on It! Social Identities, Teaching, and Learning [10min]
- Learn about It! Course Objectives Course Pre-Survey [5min]

Module 1

Current Research and Results in Anti-Bullying

Module Topics

This module provides an introduction to current best practices in anti-bullying, including what's working and what's not. The module will include an analysis of current data, psychological effects, and marginalized student groups most affected.

Section 1: Activate Prior Knowledge

- Reflect on It Anti-Bullying Best Practices [45 minutes]
- Reflect on It Classroom Community [45 minutes]

Section 2: Prevalence of Bullying

- Reflect on It All About Bullying [45 minutes]
- Learn About It Types of Bullying [60 minutes]
- Reflect on It My Classroom Experience [45 minutes]
- Learn About It Trends in Data [60 minutes]
- Practice It Protecting Marginalized Groups from Identity-Based Bullying [75 minutes]

Section 3: Effects of Bullying

- Practice It! Individuals Involved in Bullying Incidents [45 minutes]
- Reflect on It! Challenging Assumptions [45 minutes]
- Reflect on It! The Cycle of Socialization [60 minutes]
- Reflect on It! From Data to Classroom [45 minutes]

Section 4: Practices Past & Present

- Reflect on It! Rate the Sample Plan [45 minutes]
- Practice It! Practices and Pitfalls [60 minutes]
- Practice It! Finding the Right Solution [60 minutes]
- Reflect on It! Rate the Plan [45 minutes]

Section 5: Wrap-Up

- Practice It! Making a Plan of Action [60 minutes]
- Reflect on It! Module 1 Reflection [30 minutes]

Module 2

Community Through Prevention; Safety Through Intervention; Resolution Through Restoration & Reintegration

Module Topics

This module focuses on prevention, intervention, restorative practices, and reintegration. You will learn ways to stop bullying behavior before it happens, what to do when it is currently happening, and how to manage the situation once it has ceased.

Section 1: Bystander Awareness

- Reflect on It! Thinking Ahead [45 minutes]
- Reflect on It! Managing Personal Bias [45 minutes]

Section 2: Prevention

- Learn About It! Methods of Prevention [60 minutes]
- Learn About It! Community Culture [45 minutes]
- Practice It! Community Circles [60 minutes]
- Reflect on It! Creating Safe Classroom Environments [45 minutes]
- Practice It! Prevention Plan of Action [60 minutes]

Section 3: Intervention

- Learn About It! Intervention Strategies [45 minutes]
- Learn About It! Student Training [60 minutes]
- Practice It! Intervention Ideas [60 minutes]

Section 4: Restoration & Reintegration

- Learn About It! Restorative Justice [45 minutes]
- Reflect on It! Student–Adult Relationships [45 minutes]
- Practice It! Restoration Methods in the Classroom [60 minutes]

Section 5: Wrap-Up

- Practice It! Bullying Behaviors Tracker [60 minutes]
- Reflect on It! What I’ve Learned [45 minutes]

Module 3

Unpacking the Root Cause of Bullying Behavior

Module Topics

In this module, you will learn about the roots of bullying behavior and analyze the weaknesses in anti-bullying programs.

Section 1: Student Voice

- Reflect on It! Thinking Ahead [45 minutes]
- Learn About It! Student Perceptions of Safety [45 minutes]
- Practice It! Student-Focused Resolution [45 minutes]

Section 2: Trauma-Informed Teaching

- Reflect on It! Cycle of Trauma [60 minutes]
- Learn About It! Trauma-Informed Practices [60 minutes]
- Practice It! Knowledge [60 minutes]

Section 3: Supporting Every Student

- Reflect on It! In My Classroom [45 minutes]
- Reflect on It! Equitable Practice [60 minutes]
- Reflect on It! Culturally Responsive Education [45 minutes]
- Reflect on It! Uncovering Behaviors [60 minutes]
- Reflect on It! Analyzing Risk [60 minutes]

Section 4: Wrap-Up

- Master It! Mentoring a New Teacher [90 minutes]
- Reflect on It! What I've Learned [45 minutes]

Module 4

Developing a Response Plan

Module Topics

In this module, you will focus on a culminating project that puts what you have learned into an actionable plan.

Section 1: Putting into Practice

- Reflect on It! Thinking Ahead [45 minutes]
- Reflect on It! Discussion Activities [45 minutes]
- Practice It! A Classroom Approach [120 minutes]

Section 2: Module Wrap-Up

- Reflect on It! Reflect on Course Content [45 minutes]
- Reflect on It! Classroom Community [45 minutes]
- Master It! Project [180 minutes]

Module 5

Course Wrap-Up

Module Topics

In the Course Wrap-Up Module, you will reflect on your learning from the course and your mastering of the course objectives.

Section 1: Course Wrap-Up: Summative Reflection

- Reflect on It! Course Wrap-Up: Summative Reflection [30 minutes]
- Reflect on It! Course Evaluation and Feedback [30 min]